

# BE A ST. VINCENT DE PAUL SUMMER SUPPORTER!

## Service Projects and Wish List Items



### Hold a Personal Care Item Drive

We distribute over 200 personal care bags each month to our homeless guests.

We are in need of the following toiletries:

shampoo	toothpaste	toothbrushes
soap	deodorant	razors

(please no mouthwash or conditioner)

Items can be collected individually or put in ziploc bags containing one of each item.

All items should be trial or travel sized. Please do not send previously opened containers.



Contact Erin Shutt at Beans & Bread at 410-732-1892, ext. 111 or [erin.shutt@vincentbaltimore.org](mailto:erin.shutt@vincentbaltimore.org).

### Make Summer Survival Kits

Many of our guests suffer during the warm summer months. We suggest the following contents for the survival kits:

a refillable water bottle	energy bars or granola bars
a baseball hat	sunscreen & lip balm

Put the items into a fanny pack, backpack or plastic bag.



Contact Erin Shutt at Beans & Bread at 410-732-1892, ext. 111 or [erin.shutt@vincentbaltimore.org](mailto:erin.shutt@vincentbaltimore.org).

### Make Bagged Lunches or a Casserole

Bagged lunches are given to clients at Beans & Bread and Sarah's Hope everyday. Gather your school, church or Boy/Girl Scout troop for a fun activity! Lunches should be bagged and include the following:

meat and cheese sandwich	drink
snack- such as chips or snack cake	piece of fruit

Casseroles and hot dinners are needed for the women and children at Sarah's Hope. Call and schedule a date to bring a hot dinner (consisting of meat or pasta dish and vegetable dish or salad) or casseroles that can be frozen for future meals.

Contact Erin Shutt at Beans & Bread at 410-732-1892, ext. 111 or [erin.shutt@vincentbaltimore.org](mailto:erin.shutt@vincentbaltimore.org); contact Conor Wall at Sarah's Hope at 410-396-2204 or [conor.wall@vincentbaltimore.org](mailto:conor.wall@vincentbaltimore.org)

### We need your donations

The following items are desperately needed during the summer months. Consider taking up a collection at your church, summer camp or in your neighborhood. Or just remember to pick up a few extra things at the store!

#### For Summer Camps

juice boxes, individually packaged snacks, sports equipment, bug spray, sunscreen, water bottles, arts & crafts supplies, hats & visors, handi-wipes

#### Additional Wish List items

white athletic socks, adult size t-shirts, cleaning supplies, laundry detergent, band aids, ibuprofen, cough drops, paper towels, napkins, peanut butter, jelly, canned vegetables, ice tea mix



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*Are you looking for something meaningful to do this summer?  
Come out and volunteer or organize your family, church or other group  
to do a service project!*

## Volunteer Opportunities

***Do you need service learning hours for school? Do you like working with children?***

### Help Children at Summer Camp

High school students, 14 years of age or older, are needed to assist with the summer camps for Camp St. Vincent and Head Start. Volunteers are needed to assist with outdoor activities/games, to read to the children, and assist teachers with daily tasks. Volunteers for Head Start should be prepared to commit to at least two hours per visit. Volunteers for Camp St. Vincent are asked to commit to working every day from 8:45 a.m. to 4:45 p.m. at least one two-week session out of the following: June 22 – July 2, July 6 – July 17, July 20 – July 31, or August 3 – August 15.

For Camp St. Vincent, contact Ashley Biggs at [ashley.biggs@vincentbaltimore.org](mailto:ashley.biggs@vincentbaltimore.org) or 410-662-0500, ext. 202. For Head Start, contact Danielle Staton at [danielle.staton@vincentbaltimore.org](mailto:danielle.staton@vincentbaltimore.org) or 410-276-5724.

### Be a Meal Program Volunteer

Volunteers are needed on Tuesdays, Thursdays and Saturdays from 9:00 am until 1:00 pm. to serve lunch at Beans & Bread, and are needed daily from 5:45 to 7:15 pm for dinner service at Sarah's Hope. Volunteers assist with the set up, service and clean up of a hot meal. Volunteers must be at least 13 years of age. Individuals or groups of 3-8 people are welcome.

Call in advance to schedule your volunteer dates. Contact Erin Shutt at Beans & Bread at 410-732-1892, ext. 111 or [erin.shutt@vincentbaltimore.org](mailto:erin.shutt@vincentbaltimore.org); contact Conor Wall at Sarah's Hope at 410-396-2204 or [conor.wall@vincentbaltimore.org](mailto:conor.wall@vincentbaltimore.org).

### Help with Activities for Homeless Children

Individuals or groups of up to 4 are needed to assist Youth Leaders with the childrens activities at Sarah's Hope, including helping children do art projects or supervising outdoor activities. Volunteers are needed for two hour shifts between 1:00 and 6:00 pm on weekends, and between 3:00 and 7:00 pm on weekdays.

Contact Conor Wall at Sarah's Hope at 410-396-2204 or [conor.wall@vincentbaltimore.org](mailto:conor.wall@vincentbaltimore.org).

### Teach GED Classes

Volunteers are needed to teach GED in a classroom setting. Subjects include math, writing, social studies and science. Classes are held Monday & Wednesdays from 10:00 am -12:30 pm.

Contact Richard Williams at St. Ambrose at 410-225-0870 or [richard.williams@vincentbaltimore.org](mailto:richard.williams@vincentbaltimore.org).

Adelante Familia  
Beans & Bread  
Camp St. Vincent  
Cottage Avenue Community  
FoodShare

Frederick Ozanam House  
Head Start  
Home Connections  
Learn to Earn at St. Ambrose  
Mobile Clothing Bank

Parish Conferences  
Prison Outreach  
Samaritan Center  
Sarah's Hope  
YouthPlace at St. Ambrose

**[www.vincentbaltimore.org](http://www.vincentbaltimore.org)**