



## **SLOPPY JOE CASSEROLE PREPERATION**

### Ingredients

- (2 ½ ) lbs. ground beef
- (1) medium onion (chopped)
- (3) stalks celery (chopped)
- (1) 26oz. can MANWICH
- (1) 14oz. can stewed tomatoes
- (2) 16oz. cans of butter beans (drained)
- (2) teaspoons sugar
- Salt & Pepper

### Directions

1. Brown meat and save drippings to sauté onions & celery
2. Salt and pepper meat while cooking
3. Drain off all grease
4. Use cooking spray on pan before adding mixture
5. Combine all ingredients and place into casserole pan
6. Cover in aluminum foil and freeze